

LITHUANIA

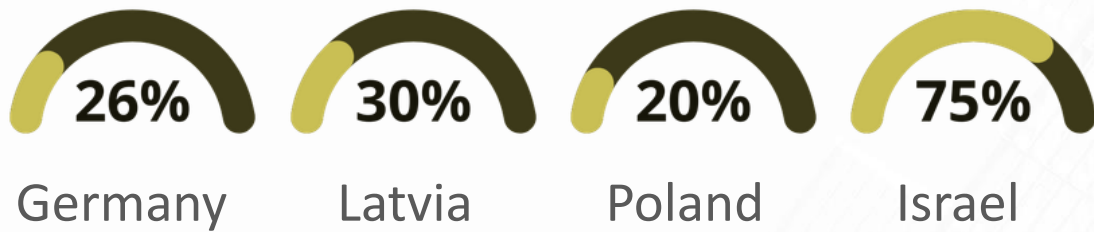
From Mineral Waters to Modern Wellbeing





LITHUANIA – AN EMERGING HEALTH SPA & WELLNESS DESTINATION IN EUROPE

- Growing recognition in wellness and medical SPA tourism
- High-quality services aligned with EU standards
- Still underexplored by international markets
- Strong potential for expansion in Central Europe
- **Health Tourism destination award** in 2025, German Health insurance funds' recognition



PERCENTAGE OF THE TOTAL FLOW
TO THE RESORT TOWNS

NATURAL MINERAL WATER & MUD

More than 250 years of Resort history

Natural remedies (mineral water and curative peat)

28 Medical Spas

The foundation of authentic balneology and evidence based wellness.



DEEP ROOTED BALNEOLOGY TRADITIONS



- Evidence based treatments
- Balneology, physiotherapy and medical spa treatments grounded in clinical practice
- Health restoring & longevity programs
- Structured programs designed for recovery, stress related conditions and prevention.

MEDICAL SPA EXPERTISE

Doctor led programmes, personalised treatments,
real health outcomes

NATURE INTEGRATED RESORT TOWNS





CULINARY EXPERIENCES



SUITABLE FOR CORPORATES, EVENTS & WORKATIONS







PALANGA





NERINGA



BIRŠTONAS





DRUSKININKAI



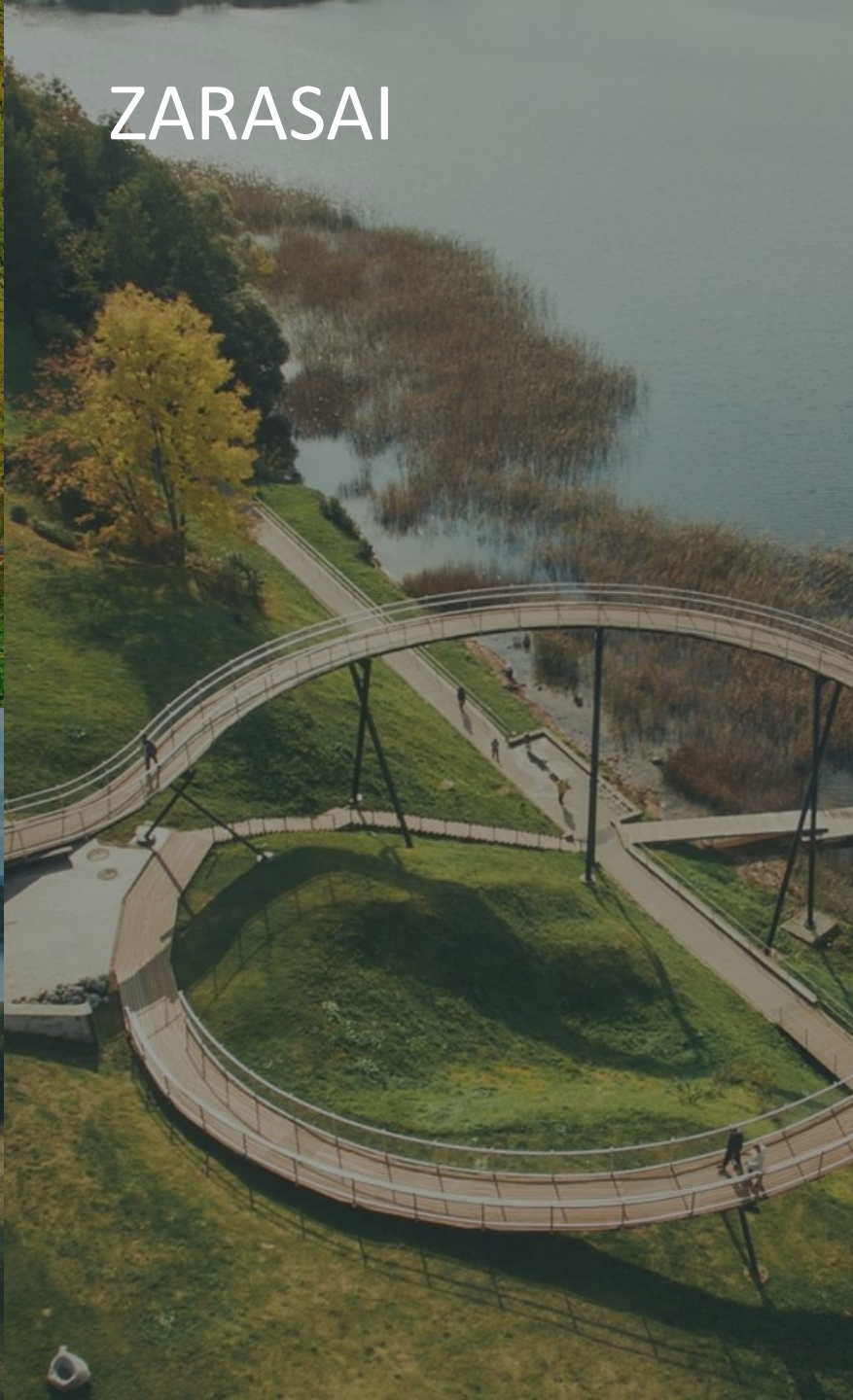
LITHUANIAN
RESORTS ASSOCIATION



ANYKŠČIAI



ZARASAI



KAUNAS DISTRICT



IGNALINA



TRAKAI



SAVE THE DATE
September 22 - 26



